

Dental Hygiene Study Club

MASTERING SALIVA PH: Key Insights for Dental Professionals

Course Description:

Tradition has led us to believe if the mouth is moist, then all is well. However, it is essential to consider data points. Although saliva is composed of 99% water, the remaining 1% plays a crucial role in determining whether saliva can be beneficial or detrimental. Simple chairside testing can uncover additional risk factors for caries, erosion, and dentinal hypersensitivity. Discover how to measure dangerous salivary pH values, insufficient buffering capacity, and the pH values of common dry mouth products, popular beverages, supplements, and remedies. Learn strategies to enhance your knowledge in saliva, thereby fostering greater patient engagement and improving treatment acceptance.

Learning Objectives:

- Discuss the role of salivary data in caries/erosion risk assessment
- Learn how to perform simple salivary pH and buffering tests
- Compare the pH levels of beverages and products
- Understand the range of options to create and support healthy saliva

February 19, 2025 6:00 PM – 9:00 PM

Eagle's Nest Country Club 12801 Stone Hill Rd, Phoenix, MD 21131



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Anne is a highly sought-after international speaker and prolific author, recognized as an expert in various fields, including ergonomics, caries and erosion, dry mouth, pH challenges, dentinal hypersensitivity, remineralization, and employment law matters. Despite her many accomplishments, Anne remains dedicated to making clinical practice better, easier, and more rewarding.

To register visit www.mdcentereducation.com or contact our Education Coordinator, bbatton@marylandcenter.net